

BEGINNING EXPERIENCE®

International Ministry Inc.
395 W. Avon Rd.
Avon, CT 06001
United States of America

Beginning Experience Program Continuum



www.beginningexperience.org

Beginning Experience International Ministry, Inc. offers a continuum of programs to help those who have lost a marital relationship due to death, divorce or separation move through the experience of grief and loss into a future with hope renewed. Each program is presented by those who have suffered such losses themselves who are willing to share their experience to help others.

FOR THOSE WHOSE LOSS IS RECENT

"Coping with Life Alone" is a six to ten-week pre-weekend support program. It is intended for those whose loss is new and for those not yet ready for the Beginning Experience weekend. The sessions focus on such topics as the grief process, changes in family and other relationships, trust, and coping with memories of the deceased spouse or dealing with the former spouse.

THE BEGINNING EXPERIENCE WEEKEND

The weekend is the core program and the foundation of the ministry. It is intended for those who are ready to come to terms with the lost relationship and to begin to move forward with their lives. The most powerful program, the weekend facilitates the grieving process and offers an opportunity, through God, for turning the pain of loss into an experience of positive growth.

AFTER THE WEEKEND

Additional programs help those grieving loss to continue the support offered on the weekend experience.

"Continued Beginnings"

"Rebuilding"

"Vision and Leadership"

"Building Happiness"

"Beyond Beginning Experience"

NOTE: Not every program is offered in every community.

FOR CHILDREN AND YOUTH

The loss of a parent through death, or a changed parental relationship through divorce or separation, is a traumatic experience for children of all ages. In dealing with these losses, they may become withdrawn, fearful, insecure, act out for no apparent reason, become confused or depressed, and often blame themselves.

Beginning Experience programs provide help and support to work through these emotions. A safe, secure environment allows caring acceptance and feelings of community to blossom. The aim of each program is to help sort out the feelings of loss and pain, while strengthening self-esteem and self-acceptance.

- Children's Beginning Experience® is a Saturday-Sunday program for ages 8-12.
- Young People's Beginning Experience® is a weekend program for ages 12-17.
- Young Adult Beginning Experience® is a weekend program for ages 18-25 and up.
- Who Am I Now? is a set of three six-week support programs for ages 5-8, 9-12, and 13-17.

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